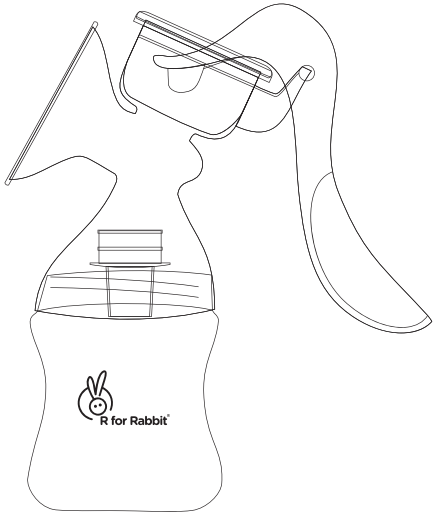
R for Rabbit®
The Amazing Baby Company

Manual Breast Pump



*Sketch shown is for illustrative purpose only. Actual product may vary from image.

First Feed

Carrying Love in Every Drop

Installation & User Manual

Read the instructions carefully before using the Breast Pump and keep this manual for future reference.

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Imported & Marketed By: **R FOR RABBIT BABY PRODUCTS PVT. LTD.**
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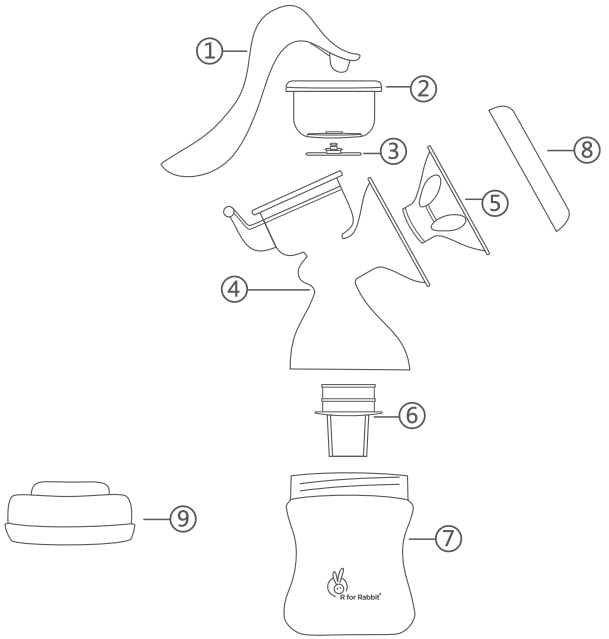
R for Rabbit First Feed

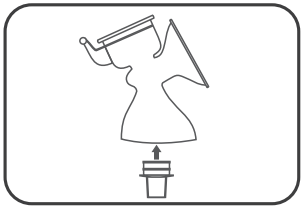
Components



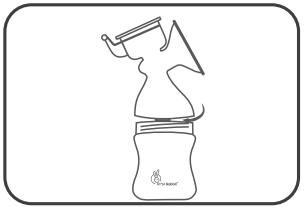
1. Handle
2. Silicone Diaphragm
3. Suction Adjustable Lever
4. Pump Body
5. Silicone Shield
6. Duckbill Valve
7. Milk Container (130 ml)
8. Silicone Shield Cover
9. Bottle Cover

Installation Steps

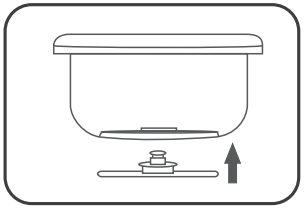
Step 1:
Insert the duckbill valve to the silicone shield at the bottom.



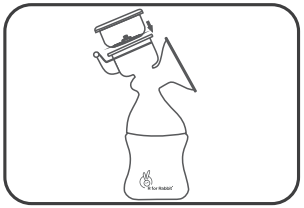
Step 2:
Secure the milk container firmly onto the pump body.



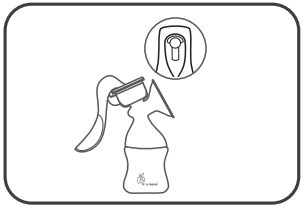
Step 3:
Attach the suction adjustment lever to the silicone diaphragm.



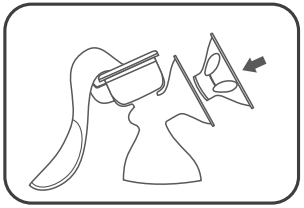
Step 4:
Place the silicone diaphragm on to the top of the pump body.



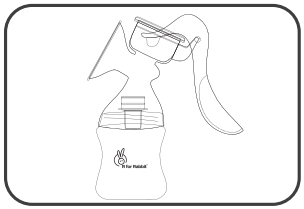
Step 5:
Fix the handle to the suction adjustment lever.



Step 6:
Insert the silicone shield into the pump body.



Step 7:
Your First Feed manual breast pump is now ready for use.



How to Use

Before Pumping:

- Wash your hands and clean your breasts.
- The breast pump must be cleaned before each use.
- Ensure all parts are clean and the pump is assembled correctly.
- Sit comfortably with back support.

During Pumping:

- Adjust the suction lever to set your preferred suction strength
- Hold the silicone shield firmly against your breast, ensuring the nipple is centered and there are no air gaps.

When to use

It is generally recommended to start using the pump once milk flow and feeding patterns become regular, usually around 2 to 4 weeks after birth, unless your doctor advises otherwise.

You may also use the pump:

- When direct breastfeeding is not convenient.
- To relieve discomfort caused by breast fullness or engorgement.

Milk Storage Guidelines

- Always use sterilized equipment to collect milk.
- Refrigerate or freeze expressed milk immediately.
- Do not refreeze previously frozen milk.
- Avoid storing milk in the refrigerator door.
- Do not mix freshly expressed milk with already frozen milk.
- Discard any leftover milk after feeding.
- Leave about ¼ of the container empty to allow for expansion during freezing.

Thawing & Heating Stored Milk

- Thaw milk using warm water or a bottle warmer.
- Do not microwave milk as it causes uneven heating and potential burns.
- Never immerse milk bags directly in boiling water.
- Always check the milk temperature before feeding.

Cleaning Instructions:

- After each use, wash all parts with mild soap and clean water.
- Avoid using abrasive brushes or harsh cleaners to prevent damage.

Safety Instructions:

- Regularly inspect all parts and replace any damaged components.
- Handle the duckbill valve carefully; do not insert objects into it.
- Do not share the breast pump. It is meant for individual use only.
- Before first use, disassemble all parts and sterilize them by boiling for a few minutes.
- If you experience pain or discomfort while using the pump, stop immediately and consult your doctor.