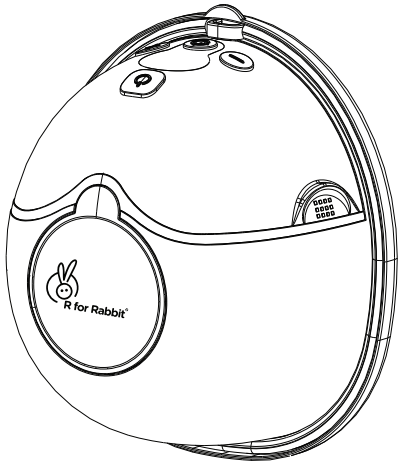
R for Rabbit®
The Amazing Baby Company



*Sketch shown is for illustrative purpose only. Actual product may vary from image.

Lactella Bliss

Comfortable Pumping Anytime Anywhere

Installation & User Manual

Read the instructions carefully before using the Breast Pump and keep this manual for future reference.

R for Rabbit®
The Amazing Baby Company

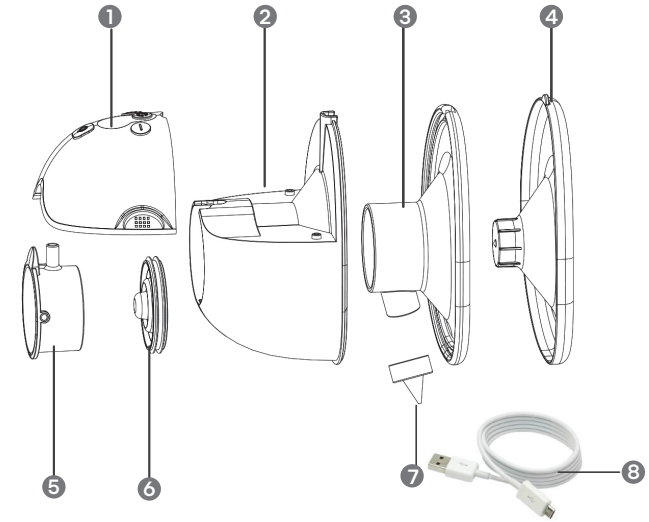
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For Installation Video

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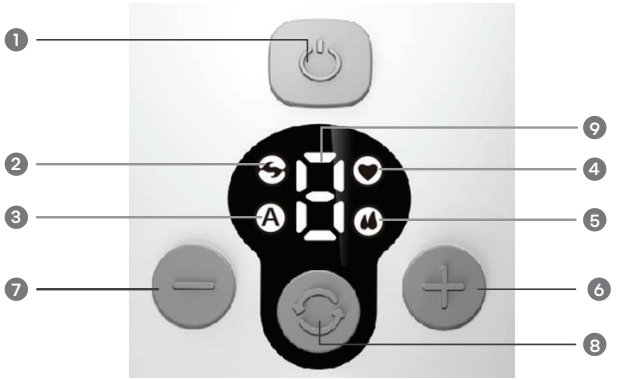
Search for Product Details: R for Rabbit Lactella Bliss

Components



1. Pump Motor
2. Milk Container (160ml)
3. Silicone Shield (24 mm)
4. Silicone Shield Cover
5. Diaphragm Cover
6. Silicone Diaphragm
7. Duckbill Valve
8. USB Cable

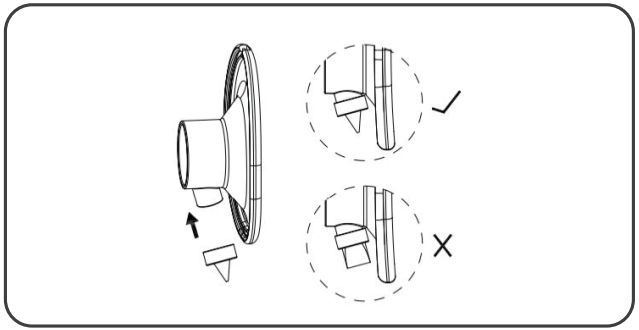
Button Functions



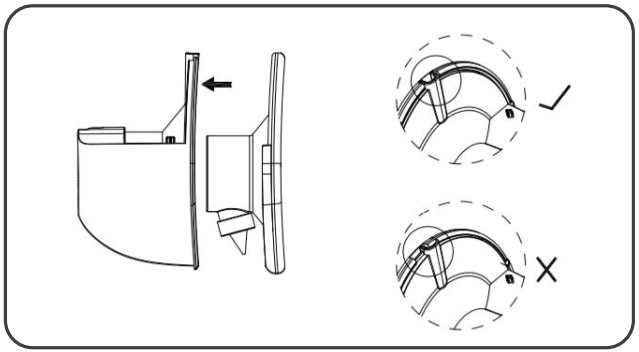
1. **Power Button:** Turns the pump on/off
2. **Massage Mode:** Gently stimulates milk let-down ( ).
3. **Automatic Mode:** Combines massage and expression cycles automatically ( ).
4. **Lactation Mode:** Mimics natural breastfeeding to boost milk flow ( ).
5. **Expression Mode:** Actively extracts milk with steady suction ( ).
6. **Level Up Buttons:** Increase the suction level
7. **Level Down Button:** Decrease the suction level
8. **Mode Button:** Switch between modes
9. **Level Display:** Shows current suction level

Installation Steps

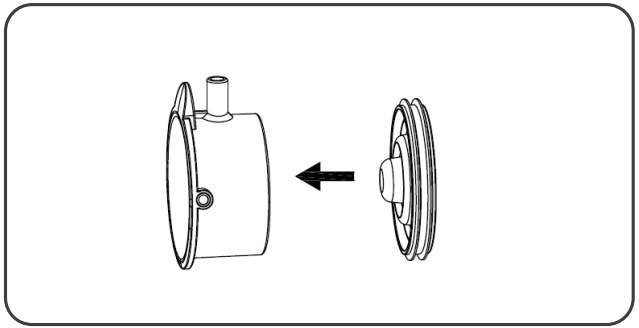
Step 1: Insert the duckbill valve to the silicone shield at the bottom.



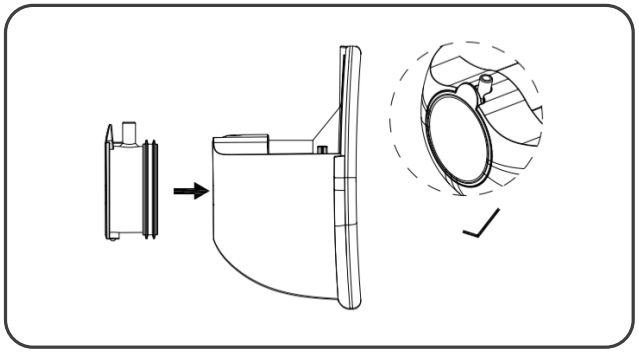
Step 2: Align the slot on the silicone shield to the slot on the milk container to attach the silicone shield. Press the edges firmly.



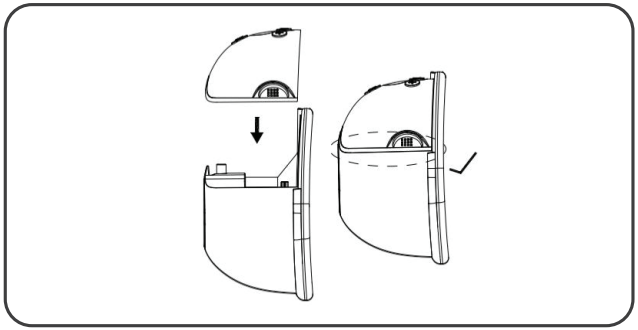
Step 3: Attach the silicon diaphragm to the diaphragm cover.



Step 4: Insert the installed diaphragm cover to the milk container as shown in the image. It should be inserted as close as possible. Be careful not to install it crookedly.



Step 5: Attach the pump motor on the milk container as shown in the image. Ensure it is firmly attached.



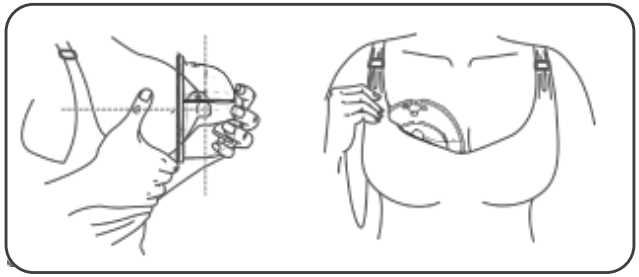
How to Use

Before Pumping:

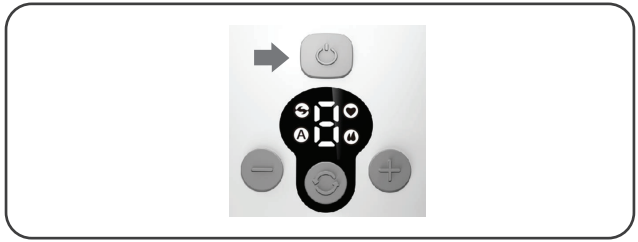
- Wash your hands and clean your breasts.
- The breast pump must be cleaned before each use.
- Ensure all parts are clean and the pump is assembled correctly.
- Sit comfortably with back support.

During Pumping:

1. Hold the silicone shield firmly against your breast, ensuring the nipple is centered and there are no air gaps.



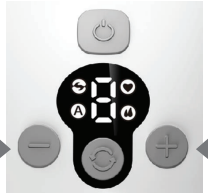
2. Press the Power Button (⏻) for some time to start.



3. Press the button (M) to switch modes once the screen lights up. There are Four modes- Massage Mode ( ) Lactation Mode ( ),Expression Mode ( ) and Automatic Mode ( ).



4. Adjust suction level from 1 to 9 using the (+) or (−) buttons. In Automatic Mode the suction level can be adjusted from levels 5 to 9.



5. Press the Power Button ( ) again to stop the pump.



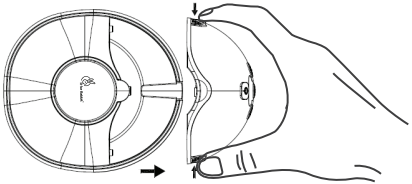
Note: It will automatically shut down after 30 minutes.

After Pumping:

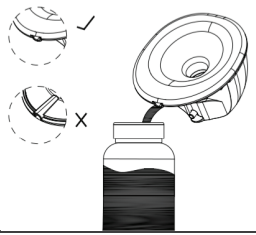
1. Turn off the pump and gently remove it.



2. Use both side grips to detach the motor from the milk collector



3. Pour collected milk into a storage bottle through the pouring slot. Clean all used parts thoroughly.



Milk Storage Guidelines

- Use only sterilized pumps to collect milk.
- Immediately refrigerate or freeze the breast milk after expression.
- Do not refreeze previously frozen milk.
- Avoid mixing freshly expressed milk with frozen milk.
- Discard leftover milk after feeding.
- Leave 1/4th space in bottle or milk bag for expansion during freezing.

Thawing & Heating Stored Milk

- Use a bowl of hot water or a bottle warmer to thaw.
- Gently shake the stored milk to evenly mix separated fats.
- Do not microwave milk as it causes nutrient loss, uneven heating and potential burns.
- Never immerse milk bags directly in boiling water.
- Always check the milk temperature before feeding.

Cleaning Instructions

1. Wash all pump parts except motor immediately after each use.
2. Avoid abrasive brushes to prevent damage.
3. Wipe the motor with a clean, damp cloth (do not submerge in water).
4. Do not put the breast pump motor and adapter into the sterilizer for disinfection.
5. After each use, rinse and clean parts like the silicone shield, silicone diaphragm, duckbill valve, and milk collector with cold or warm water and mild soap.

6. **Sterilize By Boiling:** Place gauze at the bottom of a pot, boil water, then add accessories and boil for 3-5 mins. Stir gently and avoid direct contact with pot sides. Remove with pliers, drain excess water, and air dry on a clean cloth or rack.
   (Steam is suitable; avoid UV sterilization as it may yellow silicone and reduce lifespan).
7. **Sterilize By Microwave:** Use a suitable sterilization container.
8. **Sterilization with Sterilizer:** All parts expect the motor are safe for sterilization.

Safety Instructions

1. Check parts regularly for damage and replace if needed
2. Handle the duckbill valve with care; do not insert objects inside it.
3. Do not share the pump; it is for individual use only.
4. Keep the motor dry and away from water.

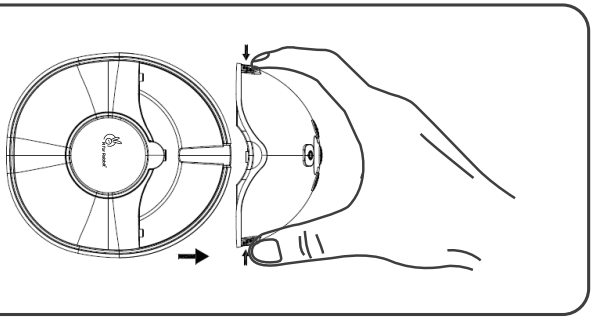
If Suction isn't efficient

The suction is too weak or there is no suction:

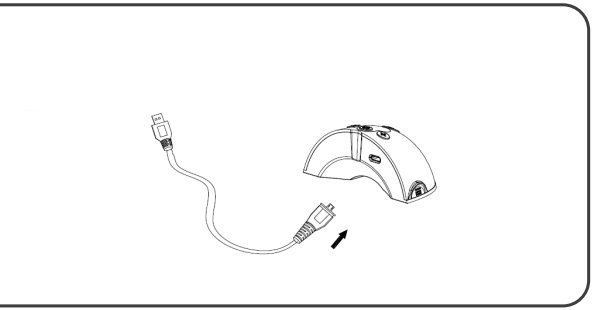
1. Check whether it is sealed and that the breast is positioned correctly.
2. Verify the silicone Shield is properly installed.
3. Check the duckbill valve is correctly installed

Charging Instructions

1. When power is low, the display flashes until the device shuts down.
2. Breast pump cannot be used while charging.
3. Use both side grips to detach the motor from the milk collector.



4. Connect the Type-C cable to a 5V 1A adapter, the indicator light pulses while charging and stays solid when fully charged.



Battery Instructions

Specifications	
Battery	1200mAh
Power Input	DC5V1A
Power	5W
USB	Type C
Charging Time	2 hours
Usage Time	1.5 hours
Shut Off	30 minutes auto shut off

Best Way to use



Comfortable Sitting Position